

Adam Budgen is a Consultant Orthopaedic Surgeon who specialises in the treatment of foot and ankle disorders.

Educated in North Yorkshire, he went on to train in London, Yorkshire before specialising in Foot and Ankle Surgery following fellowship in Brisbane with Terry Saxby.

Adam specialises in treatment of sporting foot and ankle injuries. He manages players from the majority of teams in superleague rugby league, rugby union and has treated players from premierships and championship soccer. He also routinely treats dancers from national ballet, northern ballet, contemporary dance and theatre. He has also been treated athletes from Team GB.

He is a member of the British Orthopaedic Foot and Ankle Society, the American Orthopaedic Foot and Ankle Society, the GREC-MIPP European Minimally Invasive Foot and Ankle Society.

Aside from his sporting interests, he enjoys modern languages especially Spanish and Portuguese. He is passionate about the continent of South America, which he regularly visits with his family and friends.